



January 2020



Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1	2	3	4
5	6 Welcome back!!	7 Tigers in Crystal City	8	9	10	11
12	13 Tigers in Carmen	14 Tigers in Crystal City	15 Pepperoni Pizza	16	17	18
19	20	21 CCIS @ 6:30 CCSAC @ 7:15 Tigers in Winkler	22 Ess Math 40S Provincial Exam Subs	23 Pre-Calc 40S Provincial Exam	24 Last day of 1st semester for Grades 11 & 12 Wheat Kings Game Tigers in Morden	25 Tigers in Winkler
26	27 Pre-Calc 30 & Physics 40S Exams	28	29 Grade 9/10 Drama Production	30 9/10 Social Studies & Chem 30 Exams Last day of 1st semester for Grades 9 & 10 Tigers in Portage	31 Admin/PD day – NO SCHOOL! Tigers in Winkler	

December 100 Club winner were Kristy McDonald and Carrie Doerksen.

CCIS is happy to welcome Natalia Penner to the board. We are still looking for a 7th member, so feel free to contact one of the board members if you're interested.

Cartwright Community School Advisory Council (PAC) received numerous suggestions at the Cartwright School open house to offer hot lunches to our students. The Iron Rail and The Cartwright Hotel have graciously agreed to prepare hot lunch orders for our students so that we can facilitate this request. There will be no extra hot lunches available to purchase that have not been pre-ordered by the due date. Cheques can be made payable to CCSAC. The school will be sending home one order form per family, so please include all children on the same form. **Please have orders in by Friday January 10th.**

Get some rest, come back refreshed!

With the holiday season upon us, we hope that everyone is able to take time to relax and refresh for the New Year. As part of your yearly resolutions, consider making sleep a priority in 2020 as the appropriate amount of sleep can make a huge difference in your child's education. Studies have shown that kids who regularly get an adequate amount of sleep have improved attention, behavior, learning, memory, and overall mental and physical health. Children 3-5 require 10-13 hours of sleep, 6-12 year olds require 9-12 hours and 13-18 year olds, as much as they fight it, require 8-10 hours of sleep. Breaking from screen time at least an hour before bed, as well as partaking in a family activity such as reading a book or playing a quiet game can assist in having a restful sleep. From all of us at Cartwright School we wish you a restful and enjoyable holiday season, Merry Christmas and Happy New Year!

PLEASE NOTE: The line-up for the microwaves can be very long at times. We have a limited number (due to space, please don't donate one), therefore putting 40 kids through microwave lines can be a daunting task. If you are sending microwavable food, please inform your child the length of time you think the food should take to heat up. Also a reminder for your child to bring any cutlery that they may need as we do not stock cutlery at the school.

January 24 - The grade 7 - 12s will be going to the Brandon Wheat Kings game after school. More information on that will go home in the new year.

******If your child is going to be absent, please notify the school at 204-529-2357 or jleece@prspirit.org OR cartwright@prspirit.org.******